

Pediatric Wellness Consultant (PWC)

112 credit hours **\$997.00** = \$9.00/ credit hour

Online quiz and certificate emailed upon completion with quiz

Completion estimate - 3-9 months

Payment Plan- **3 payments- \$375.00 per payment per month= 3 months**

Foundation :

A & P (10 credit hours)

Recognize, understand and use terms associated with the organization of the body, positional and directional vocabulary, planes of the body, and related anatomy and physiology. Further recognize the interrelationship of body systems and their homeostasis requirements. The Human Biological Systems are a foundational "must know" to obtain successful results.

The second section trains on the Symptoms of Visceral dis-ease. **Visceral:** Referring to the **viscera**, the internal organs of the body, specifically those within the chest (as the heart or lungs) or abdomen (as the liver, pancreas or intestines). In a figurative sense, something "**visceral**" is felt "deep down." It is a "gut feeling."

Nutrition (40+ credit hours)

This is a power packed course trained by **Ashley Uchtman an Institute of Integrative Nutrition graduate** and our Founder Angie Ates. You will discern the nutrients and HOW they fuel the body. By pulling this knowledge all together you will be able to create Bio- Individual programs for yourself and others.

Just a snapshot of what is covered in this over 7 hours of video training:
(and over 170 pages of support documents)

Amino Acids -Amino acids are the building blocks of proteins. There are 20 kinds of amino acids; these have been found to have various biological and chemical functions. •
Origins of Amino Acid Fermentation:Amino-Acid-Producing Bacteria Screening and Strain Breeding

What is the Amino Acid Fermentation Process?

- Safety of Amino Acids
- Functions and Uses of Amino Acids
- **Over 30 eating strategies** - This information will be the cornerstone of your nutritional plans as you guide yourself and others to optimal wellness.
- **Delivery Systems of Nutrients** - What different “delivery” options pose as beneficial or not so much. These section on liposomal, sucrosomal and more delivery systems will aid you in finding the “right” supplement for yourself and others.
- **Chemist of Man- Body & Chemical Nutrients-** the fundamental understanding of the interaction of micro and macro nutrients in an isolated or companion delivery method.
- **Collagen Peptide Therapy-** Collagen peptides are highly bioavailable. They act as building blocks, renewing bodily tissues, such as skin, bones and joints. Discover the proper application and when therapeutic amounts are beneficial.
- **Water Quality-** Water quality refers to the chemical, physical, biological, and radiological characteristics of water. Learn what waters are really “wet” and which ones are “toxic” to the body.
- **Air Quality-** Discover the 6 levels of air quality and what you can do to protect yourself and others.

Pillars of Health (1 credit hour)

6 levels of Health

Your current level of health is a perfect reflection of how your body, mind and spirit is responding to the environment and lifestyle you have created for yourself. Determine how these levels can be adjusted and transformed to support the well being of everyone.

Pharmacology (3 credit hours)

Our **Family Nurse Practitioner Debbie Evans** brings her clinical integrative experience to train on drug categories. She shares the use of prescriptions and impact on the body systems and the Nutrient deficiencies that may occur with their use.

Pathology (3 credit hours)

This module is about Top disease names discussed from an integrated medical model. **Debbie Evans - FNP-BC** teaches the disease conditions and processes alongside conventional etiology theories.

Introduction to Homotoxicology (3 credit hours)

Homotoxicology, developed by the German doctor Hans-Heinrich Reckeweg, is the scientific

concept behind anti-homotoxic medicine. Understanding this concept will aid you in creating a Bio-Individual program for your client and yourself.

What you will learn:

The basic principles of Homotoxicology

The origin and history of the 6 phase table The dynamic of a disease in the 6 phase table The principle of disease evolution

*NOTE- ALL Symptom Solutions modules address the **Etiology, Physiology, Pathology and Psychology** of the group of Symptoms. This offers you an integrative approach to creating wellness plans for yourself or your clients.*

*Our intention for Symptoms & Solutions is to provide you **the “roadmap” and Template** to discover the “underlying” issue(s) versus a Green Medicine approach. Simply put.....train to learn **WHY** symptoms are presenting and resolve **THAT** issue versus bags of supplements to cover up the symptoms “naturally”!*

Bedwetting (1 credit hour)

What you will learn:

Emotional components related to Bedwetting and how to use Flower Remedies.

Homeopathic, Botanical Medicine, Nutrients, Essential Oils and many other remedies to support this issue. Did someone say “cornsilk” tea??

Psychology of “it happened again” bed wetting and how to discover the underlying “trigger” issues.

Bladder Issues (2 credit hours)

What you will learn:

Etiologies of Over Active Bladder, Incontinences, NeuroGenic Bladder and much more.

Psychology/ Emotional imbalances and HOW to support the release of these issues.

How does fiber play a role in bladder issues and an EPIC fiber bar recipe even the kids will eat.

Multiple modality remedies to support and balance the Bladder.

Childrens Challenges & Solutions (6 credit hours)

What you will learn:

- How to use Hydrotherapy- hot baths- with your child for consistent results.
- Supplement/Herbal dosing for children of all ages
- Eating Strategies for a healthy child
- Sensitivity testing at home to use anytime with anyone
- Herbal Tool Kit from burns, sore throats, colic, fever, reflux, teething and more

Coughs/Colds/Congestion (3 credit hours)

Cover your mouth and join our **Nurse Practitioner Debbie Evans** as she discusses how to determine based on symptoms if it is a cold, the viral time frames or is it influenza.

We discuss “snot” colors and clinically how to determine when this matters. Angie Ates- our founder- talks about how to use grandmas remedies of Radishes, cloves and thyme to create your own home made cough remedy. This is a fun interactive module filled with loads of ‘clinical’ pearls and remedies to support those findings.

Ear Issues (3 credit hours)

What will you learn:

- Activities, lifestyles and interference that impact the cell membrane collapse.
- Children issues and how the microbiome impacts the ears.
- Determine when homemade remedies that include onions, garlic, silver and more can be used for acute care.
- High pitch vs low pitch sounds and what organ systems are involved and WHY that matters.
- Tools, Techniques, and remedies are can be used at all stages of ear issues.

Fevers (2 credit hours)

Cozy up to our fireside chat with your cup of hot tea and enjoy the medical concepts integrated with holistic views. You will identify the actions to take with a fever, how high is safe and what is the #1 need during a fever that will change the presentation and alleviate your concerns. Further, we discuss the Oral and topical administration tips for Acute care with kids and so much more.

Flu/Viral/Influenza (2 credit hours)

What will you learn:

- How to determine if it is a Virus or Bacteria in nature and WHY does that matter.
- How to support the immune system during “candy” season and just what is that anyway.
- Learn the steps that the medical profession uses to determine type of flu and HOW they create the vaccines for the next year....very interesting.
- When to refer out and utilize the medical profession for “stronger” care if needed.
- Acute care remedies and therapies that are in your kitchen.
- And prevention...prevention..prevention is the key!

Headaches (3 credit hours)

Accompany Dr Lisa and our founder Angie as they unravel the band around Angie’s head and find humor in the “ take this for that headache “ drama of green medicine. We remove the “nail” and train you to discover the underlying causes of headaches. After all, it is all about LOCATION, LOCATION, LOCATION.

We integrate Allopathic and Traditional Chinese Medicine and provide multiple remedies and therapies to remove the cause and support the body in balancing.

We promise you will not only enjoy the presentation of this course but you will also glean much from

- location meanings,
- various remedies from different medical theories and
- organ systems that create the cascade of symptoms that finally get your attention via a headache- hmm did someone say Serotonin deficiencies and depression is connected to a headache?

Nature’s First Aid (3 credit hours)

- What will you learn:
 - This course contains valuable emergency health care information from Heart Attack, Asthma and Seizure “jumper cable” methods of support
 - How to customize your own Natural First Aid Kit.

- Medicinal Food Applications for first aid care
- Kitchen spices that work in acute care situations
- Table salt for poison ivy...and so much more

Respiratory Issues (3 credit hours)

What will you learn:

- Medical concepts integrated with holistic views
- Bronchial remedy DIY using kitchen staples
- Botanical remedies that work for acute care and long term care plans
- The Most common Etiologies for the Respiratory system
- TCM integration with mushroom therapy and ginseng differences that could mean the difference between results or damage.
- Psychology implicated in respiratory dis-ease

Spectrum Disorders (3 credit hours)

Dr Sonia McGowen, our Autism Specialist, brings to you a well rounded understanding of Spectrum Disorders. She trains you on WHAT to look for when determining these imbalances in children.

Dr Sonia provides encouragement and inspiration on HOW to move forward on removing the symptoms and healing the body. We all know when these children are no longer as obsessive with their behaviors it leads to be a much better family environment. ENJOY as our Expert brings to you her clinical pearls for success.

Skin Issues (4 credit hours)

What will you learn:

- Kitchen Cosmetics- fun “in your kitchen” recipes to remedy acute care symptoms
- Dry Brushing therapies, Iridology signs, Body mole Mapping and Burn care recipes

- How to address and support Cellulite, Shingles, Staph infections, Rashes, and many other skin “conditions”.
- What organs and systems are involved and HOW to remedy and create repair protocols
- Nutritional implications and how to remedy them...beyond eat this and take this theories

Throat Issues (3 credit hours)

What will you learn:

- Anatomy of the throat and how this plays a role in childhood syndromes
- Essential oils, throat soothing recipes, gargling, lemons and more solutions for self care
- How to manage acute care symptoms for upper respiratory infections, strep throat, sore throats and then remove the long term impact of these possible reoccurring issues.
- Finding the connection between tonsils, hormones, lymphatics system and the emotional contributing factors.

Our Tools and Techniques are divided into 2 categories - either a “finding the cause tool” or a Therapy technique. These serve as an introduction into clinical practice as we provide the C.A.R.E road map to integrating the knowledge for practical use now.

*Each module offers a **Directed research practicum** providing clinical hands on experience. The quantitative reasoning approach from **over 20 different experienced Practitioners** will provide you with the varied data analysis you need for success.*

Cell Salts (3 credit hours)

Cell salts are equilibrium remedies; they are used to balance excess and deficiency. They are used to rebuild the organs and tissues. We take a deep dive into the history, what they are, how to use them for chronic and acute care.

You will learn the dosages for all ages groups and remedies for some of the most common issues such as hiccups or baby “reflux” issues and so much more.

This module is packed full of resource materials to print and we even connect Astrology signs with Cell Salt deficiencies...hmmm this you will enjoy:)

Color Lamp Therapy (2 credit hours)

What you will learn:

- Color is a form of energy, wave lengths, frequency and balance
- What colors benefit what body systems, organs or tissues

- What color combinations work the best for functional imbalances
- Just how does Color therapy work and WHY to use it

Herbology 1 (5 credit hours)

What will you learn:

- History of herbs as botanical medicine
- Remedy approaches by body systems
- Physiological herbal actions
- Classification of medicinal plants
- Relate types of herbs to the system they most affect
- Nutritional Herbology- using Kitchen spices

Herbology 2 (5 credit hours)

What will you learn:

- Clinical uses -How Herbology fits within your practice
- Join our video based Herb walk where we show you in the wild what herbs are growing around us
- How to use the different applications of herbs and WHY some are better than others
- Create herbal blends and products, from ointments to fomentations with our hands on approach as you join us in the kitchen.
- Create and use herbal remedies for women, babies, and children, including natural remedies for common problems such as colic and diaper rash.

Homeopathy (6 credit hours)

Turn up the volume as **Dr. Karen Josephson Board Certified Internist** and Geriatrician takes you through the History of Homeopathy and how she uses Homeopathy in her integrated medical practice.

What will you learn:

- Law of Similar and WHY that matters in Homeopathy
- What are “frequencies” and how they work in the body
- Potencies, dilutions, remedies and how they are made and which ones to use when creating a wellness plan
- Acute Care and Chronic Care application of classical vs clinical homeopathy

Hydrotherapy (Bathology) (3 credit hours)

Grab a cup of tea and join us as we take a relaxing bath..while training on:

- Scientific evidence based abstract based on the Effects of hydrotherapy on various systems of the body.
- Homemade Oxygen bath recipes for you to create your own spa treatments
- Therapies using compresses and fomentations and kitchen spices
- Herbal baths and their therapeutic uses for multiple imbalances

- How to utilize steam, ice and hot / cold therapy to benefit the client.

MRT/Kinesiology (8 credit hours)

A useful course concerning the art of muscle testing for dietary and nutritional needs.

Content: Muscle testing for optimal wellness, procedures before starting the muscle test assessment, how to muscle test, anatomical testing points, things to know, testing kits and supplements, complementary assessment and therapy tools.

What will you learn:

- The biblical connection with MRT
- 10 life applications for MRT
- Science based theory of MRT / Kinesiology
- 6 kinds of MRT and when to use them
- The history of the Pendulum and Dowsing
- How to use a pendulum and dowsing methods
- Test points on the body and how to integrate into your practice or at home
- 3 techniques to support a person balanced Polarity
- 5 stages of a Nutrient Deficiency and why that matters
- What can interfere with MRT/Kinesiology
- What is the Question to state...not ask.

Music Therapy (3 credit hours)

Music Therapy capitalizes on the way the brain uses music and using non-musical goals integrates an active process of client participation.

Licensed Music Therapist Maura Marksteiner walks you through how she successfully utilizes Music therapy in her practice.

BONUS

- Colloidal Silver PDF
- Zapper Activity

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