

Detoxification Techniques Consultant (Dtx Tech)

131 Credit Hours **\$997.00** = \$8.00/credit hour

Online quiz and certificate emailed upon completion with quiz
Completion estimate - 3-9 months

Payment Plan- **3 payments- \$375.00 per payment per month= 3 months**

Foundation :

A & P (10 credit hours) Recognize, understand and use terms associated with the organization of the body, positional and directional vocabulary, planes of the body, and related anatomy and physiology. Further recognize the interrelationship of body systems and their homeostasis requirements. The Human Biological Systems are a foundational "must know" to obtain successful results.

The second section trains on the Symptoms of Visceral dis-ease. **Visceral:** Referring to the **viscera**, the internal organs of the body, specifically those within the chest (as the heart or lungs) or abdomen (as the liver, pancreas or intestines). In a figurative sense, something "**visceral**" is felt "deep down." It is a "gut feeling."

Nutrition (40 credit hours)

This is a power packed course trained by **Ashley Uchtman an Institute of Integrative Nutrition graduate** and our Founder Angie Ates. You will discern the nutrients and HOW they fuel the body. By pulling this knowledge all together you will be able to create Bio- Individual programs for yourself and others.

Just a snapshot of what is covered in this over 7 hours of video training:
(and over 170 pages of support documents)

Amino Acids -Amino acids are the building blocks of proteins. There are 20 kinds of amino acids; these have been found to have various biological and chemical functions. •
Origins of Amino Acid Fermentation:Amino-Acid-Producing Bacteria Screening and Strain Breeding

- What is the Amino Acid Fermentation Process?
- Safety of Amino Acids
- Functions and Uses of Amino Acids
 - **Over 30 eating strategies** - This information will be the cornerstone of your nutritional plans as you guide yourself and others to optimal wellness.

- **Delivery Systems of Nutrients** - What different “delivery” options pose as beneficial or not so much. These section on liposomal, sucrosomal and more delivery systems will aid you in finding the “right” supplement for yourself and others.
- **Chemist of Man- Body & Chemical Nutrients-** the fundamental understanding of the interaction of micro and macro nutrients in an isolated or companion delivery method.
- **Collagen Peptide Therapy-** Collagen peptides are highly bioavailable. They act as building blocks, renewing bodily tissues, such as skin, bones and joints. Discover the proper application and when therapeutic amounts are beneficial.
- **Water Quality-** Water quality refers to the chemical, physical, biological, and radiological characteristics of water. Learn what waters are really “wet” and which ones are “toxic” to the body.
- **Air Quality-** Discover the 6 levels of air quality and what you can do to protect yourself and others.

Pillars of Health (1 credit hour)

6 levels of Health

Your current level of health is a perfect reflection of how your body, mind and spirit is responding to the environment and lifestyle you have created for yourself. Determine how these levels can be adjusted and transformed to support the well being of everyone.

Pharmacology (3 credit hours)

Our **Family Nurse Practitioner Debbie Evans** brings her clinical integrative experience to train on drug categories. She shares the use of prescriptions and impact on the body systems and the Nutrient deficiencies that may occur with their use.

Pathology (3 credit hours)

This module is about Top disease names discussed from an integrated medical model.

Debbie Evans - FNP-BC teaches the disease conditions and processes alongside conventional etiology theories.

Introduction to Homotoxicology (3 credit hours)

Homotoxicology, developed by the German doctor Hans-Heinrich Reckeweg, is the scientific concept behind anti-homotoxic medicine. Understanding this concept will aid you in creating a Bio-Individual program for your client and yourself.

What you will learn:

The basic principles of Homotoxicology

The origin and history of the 6 phase table
The dynamic of a disease in the 6 phase table
The principle of disease evolution

*NOTE- ALL Symptom Solutions modules address the **Etiology, Physiology, Pathology and Psychology** of the group of Symptoms. This offers you an integrative approach to creating wellness plans for yourself or your clients.*

*Our intention for Symptoms & Solutions is to provide you **the “roadmap” and Template** to discover the “underlying” issue(s) versus a Green Medicine approach. Simply put.....train to learn WHY symptoms are presenting and resolve THAT issue versus bags of supplements to cover up the symptoms “naturally”!*

Bad Breath (3 credit hours)

Join us with our Professional Dental Hygienist- Barb Stackhouse, as we hang out in Nashville, TN training you on WHAT questions to ask and discover:

- The Underlying issues of common bad breath.....think the “tube”. Just say NO to morning breath!
- Tooth Meridians and how they create a roadmap to finding the source of imbalances.
- How do you complete a “tooth massage” ...ahhh my friend take a look and enjoy.
- Implications related to Mouth breathing, prescriptions, and more.

Candida/Parasites/Probiotics (5 credit hours)

What will you learn:

- 5 R's Strategy for a successful Candida cleanse protocol
- Candida Yeast Questionnaire and Eating Strategies
- 10 signs of a Parasite Issue
- Early and late stage herbs to rid the body of intestinal parasites
- Full moon and new moon timing implications
- Probiotics and pre biotic special uses such as the Proven Studies of using
- S. Boulardii for intestinal inflammation instead of steroid use.

Dental Issues (5 credit hours)

Join us as Dental Hygienist Barb Stackhouse takes us in to Bite Dentistry in Nashville, TN (the dentist to the TITANS football team). We get an office tour of just HOW the inside working of a dentist office works and WHY it matters that you know this.

We train you on Nanobacteria and its contribution to tooth/gum issues. We train you on tooth remineralization, root canals, proper bites and the use of Oil Pulling in a therapy. This is a very comprehensive course defining tooth paste needs, oral health and overall dental/ tooth impact on the dis-ease progression in the body.

Edema (2 credit hours)

Join our Nurse Practitioner Debbie Evans, as she explains clinically how you determine what is the underlying cause of edema. We further discuss how hormones, lymphatic and the circulation system can be a contributor.

Determine the the remedies to support the edema from multiple aspects and theories. How to discover if DVT can be an issue and when to refer out after following the “ask these questions and observe the client” roadmap.

External Influences (3 credit hours)

We are mostly aware of the “external influences” of our life. In this course you take a journey....literally via a “on the go” video to see just what is around us everyday impacting our lives. We discuss the most common household chemicals, environmental pollutants, beauty products, body care.

We wrap up with PEOPLE- yep people. Ultimately, we provide you with the tools to support “change” in your clients via coaching models of removing “people” from their external influence...

PEMF therapy-In this section, we introduce you to PEMF therapy and how it will benefit your client with moving towards positive change. Here are just some benefits of PEMF therapy:

- get deep, rejuvenating sleep
- increase your energy and vitality
- keep your bones strong and healthy
- help your body with healing and regeneration • improve circulation and heart health
- plus many more benefits

Headaches (3 credit hours)

Accompany Dr Lisa and our founder Angie as they unravel the band around Angie's head and find humor in the "take this for that headache" drama of green medicine. We remove the "nail" and train you to discover the underlying causes of headaches. After all, it is all about LOCATION, LOCATION, LOCATION.

We integrate Allopathic and Traditional Chinese Medicine and provide multiple remedies and therapies to remove the cause and support the body in balancing.

We promise you will not only enjoy the presentation of this course but you will also glean much from

- location meanings,
- various remedies from different medical theories and
- organ systems that create the cascade of symptoms that finally get your attention via a headache- hmm did someone say Serotonin deficiencies and depression is connected to a headache?

Seizures (2 credit hours)

What you will learn:

- Body Balancing techniques to support someone with seizures
- What questions to ask to determine the underlying issues
- Electrical patterns, Hormone imbalance, Heavy metals and remedies that support the correction of the imbalances and toxins.
- Nutrition and Emotional components that contribute to Seizure activity.
- And so much more!

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*Each module offers a **Directed research practicum** providing clinical hands on experience. The quantitative reasoning approach from **over 20 different experienced Practitioners** will provide you with the varied data analysis you need for success.*

Body Balancing/Sequencing tools (8 credit hours)

This module is a jam-packed Potpourri of Body balancing techniques and modalities. You will definitely find one that aligns with your belief systems and step away with the knowledge to put it in to action immediately.

Join **Kari Solomon CAHP-BC** as she walks you thru HOW TO multiple methods of balancing and supporting the body. Here is just a snap shot of the wealth of information you will gain:

- Blocked energy can be a major cause of many different imbalances in the body. Simple hands on techniques are an effective and inexpensive way to bring balance.
- Body sequencing with “cables”- Ki method
- Mind body protocol-Mind-body healing techniques are believed to help direct the flow of energy in the body in a way that promotes well-being.
- Trapped emotions- emotional release
- Energy medicine
- Scripts and reframing
- Incoherence or Coherence
- Grounding and centering-How to use coffee beans to ground
- Asthma, heart attack and panic attack support techniques
- Crystals, stones, gems and their balancing impact
- And an Unedited video of “**Laying on of hands**” with our founder **Angie Ates**

Chelation Therapy (2 credit hours)

What you will learn:

- Foods that help remove Heavy metals
- Sources of heavy metals / toxins
- Mineral mimicry
- Ways to analyze a heavy metal overload
- Importance of keeping the “BULLS” open and running
- Cautions to using chelation and how it works

- Reasons/symptoms that you may need chelation
- What supplements/foods can be used to Support chelation

Color Lamp Therapy (2 credit hours)

What you will learn:

- Color is a form of energy, wave lengths, frequency and balance
- What colors benefit what body systems, organs or tissues
- What color combinations work the best for functional imbalances
- Just how does Color therapy work and WHY to use it

Hydrotherapy (Bathology) (3 credit hours)

Grab a cup of tea and join us as we take a relaxing bath..while training on:

- Scientific evidence based abstract based on the Effects of hydrotherapy on various systems of the body.
- Homemade Oxygen bath recipes for you to create your own spa treatments
- Therapies using compresses and fomentations and kitchen spices
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- How to utilize steam, ice and hot / cold therapy to benefit the client.

Detoxification Methods (6 credit hours)

What will you learn:

- Toxic overload facts and stats
- Etiology and Pathology of toxins and our body
- Immune system response
- How extracellular matrix impacts a true cleanse
- TH1 and TH2 Lymphocytes and how this impacts your detox
- Phase 1 & 2 detoxification pathways and their implication in MTHFR
- Emotional detoxification and it WILL happen!
- Working with a clearing reactions and why they happen
- Over 15 detox and cleanse methods discussed
- The “R’s” of detoxing and how to implement their use
- Support remedies using color therapy, herbs, flower remedies, sound therapy and more

Hypnotherapy (2 credit hours)

Connect with our Professionally trained Hypnotherapist as she guides you on not only the benefits Hypnotherapy but clinical experience of how to use it.

What will You learn:

- Emotional aspects that relate to the use of Hypnotherapy
- Understanding how unresolved emotions and physical ailments manifest
- Anxiety, the Subconscious mind and how Hypnotherapy can positively impact these
- What are the different brain wavelengths- Alpha, Beta, Theta- and why does this matter in creating a wellness plan

Bonus with Betsy:

Ear Candling (1 credit hour)

What you learn:

- How does candling work including the “types” of candles that get you the best results.
- When is using this therapy beneficial

Sauna Therapy (1 credit hour)

Studies have shown that benefits of an infrared sauna session can burn upwards of 600 calories while you relax! As the body works to cool itself, there is a substantial increase in heart rate, cardiac output and metabolic rate, causing the body to burn more calories. Learn how to use this excellent therapy effectively.

Ion Foot Cleanse (1 credit hour)

What will you learn:

- What are the benefits of using this detoxification therapy
- What the colors that are created represent
- What systems are impacted by using this therapy.
- What one step that most practitioners forget when using an Ion Foot Cleanse

Salt Lamps/Caves (1 credit hour)

Learn the benefits of these therapy tools:

A Himalayan Salt Lamp is made from a chunk of salt crystal rock that was taken from the salt mines found in underground caves in the foothills of the Himalayan Mountains.

Eastern Europe is well aware of the benefits of salt therapy, otherwise known as Spelotherapy or Halotherapy. The salt-infused air inside a crystal salt cave delivers valuable minerals to your nervous system.

Oxygen/Ozone Therapy (1 credit hour)

Oxygen is a vital element to good health and it's our primary source of energy. 90% of our energy comes from oxygen and the other 10% comes from food and water. Belly up to the Oxygen bar as we choose our "flavor" and discuss this beneficial therapy.

BONUS

- Dry Brushing instruction sheet
- Colon Hydrotherapy pdf
- Forgiveness Prayer



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Bedwetting (1 credit hour)

What you will learn:

Emotional components related to Bedwetting and how to use Flower Remedies.

Homeopathic, Botanical Medicine, Nutrients, Essential Oils and many other remedies to support this issue. Did someone say “cornsilk” tea??

Psychology of “it happened again” bed wetting and how to discover the underlying “trigger” issues.

Bladder Issues (2 credit hours)

What you will learn:

Etiologies of Over Active Bladder, Incontinences, NeuroGenic Bladder and much more.

Psychology/ Emotional imbalances and HOW to support the release of these issues.

How does fiber play a role in bladder issues and an EPIC fiber bar recipe even the kids will eat.

Multiple modality remedies to support and balance the Bladder.

Childrens Challenges & Solutions (6 credit hours)

What you will learn:

- How to use Hydrotherapy- hot baths- with your child for consistent results.
- Supplement/Herbal dosing for children of all ages
- Eating Strategies for a healthy child
- Sensitivity testing at home to use anytime with anyone
- Herbal Tool Kit from burns, sore throats, colic, fever, reflux, teething and more

Coughs/Colds/Congestion (3 credit hours)

Cover your mouth and join our **Nurse Practitioner Debbie Evans** as she discusses how to determine based on symptoms if it is a cold, the viral time frames or is it influenza.

We discuss “snot” colors and clinically how to determine when this matters. Angie Ates- our founder- talks about how to use grandmas remedies of Radishes, cloves and thyme to create your own home made cough remedy. This is a fun interactive module filled with loads of ‘clinical” pearls and remedies to support those findings.

Ear Issues (3 credit hours)

What will you learn:

- Activities, lifestyles and interference that impact the cell membrane collapse.
- Children issues and how the microbiome impacts the ears.

- Determine when homemade remedies that include onions, garlic, silver and more can be used for acute care.
- High pitch vs low pitch sounds and what organ systems are involved and WHY that matters.
- Tools, Techniques, and remedies are can be used at all stages of ear issues.

Fevers (2 credit hours)

Cozy up to our fireside chat with your cup of hot tea and enjoy the medical concepts integrated with holistic views. You will identify the actions to take with a fever, how high is safe and what is the #1 need during a fever that will change the presentation and alleviate your concerns. Further, we discuss the Oral and topical administration tips for Acute care with kids and so much more.

Flu/Viral/Influenza (2 credit hours)

What will you learn:

- How to determine if it is a Virus or Bacteria in nature and WHY does that matter.
- How to support the immune system during “candy” season and just what is that anyway.
- Learn the steps that the medical profession uses to determine type of flu and HOW they create the vaccines for the next year....very interesting.
- When to refer out and utilize the medical profession for “stronger” care if needed.
- Acute care remedies and therapies that are in your kitchen.
- And prevention...prevention..prevention is the key!

Headaches (3 credit hours)

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Nature's First Aid (3 credit hours)

- What will you learn:
 - This course contains valuable emergency health care information from Heart Attack, Asthma and Seizure “jumper cable” methods of support
 - How to customize your own Natural First Aid Kit.
 - Medicinal Food Applications for first aid care
 - Kitchen spices that work in acute care situations
 - Table salt for poison ivy...and so much more

Respiratory Issues (3 credit hours)

What will you learn:

- Medical concepts integrated with holistic views
- Bronchial remedy DIY using kitchen staples
- Botanical remedies that work for acute care and long term care plans
- The Most common Etiologies for the Respiratory system
- TCM integration with mushroom therapy and ginseng differences that could mean the difference between results or damage.
- Psychology implicated in respiratory dis-ease

Spectrum Disorders (3 credit hours)

Dr Sonia McGowen, our Autism Specialist, brings to you a well rounded understanding of Spectrum Disorders. She trains you on WHAT to look for when determining these imbalances in children.

Dr Sonia provides encouragement and inspiration on HOW to move forward on removing the symptoms and healing the body. We all know when these children are no longer as obsessive with their behaviors it lends to be a much better family environment. ENJOY as our Expert brings to you her clinical pearls for success.

Skin Issues (4 credit hours)

What will you learn:

- Kitchen Cosmetics- fun “in your kitchen” recipes to remedy acute care symptoms
- Dry Brushing therapies, Iridology signs, Body mole Mapping and Burn care recipes
- How to address and support Cellulite, Shingles, Staph infections, Rashes, and many other skin “conditions”.
- What organs and systems are involved and HOW to remedy and create repair protocols
- Nutritional implications and how to remedy them...beyond eat this and take this theories

Throat Issues (3 credit hours)

What will you learn:

- Anatomy of the throat and how this plays a role in childhood syndromes
- Essential oils, throat soothing recipes, gargling, lemons and more solutions for self care
- How to manage acute care symptoms for upper respiratory infections, strep throat, sore throats and then remove the long term impact of these possible reoccurring issues.
- Finding the connection between tonsils, hormones, lymphatics system and the emotional contributing factors.

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Cell Salts (3 credit hours)

Cell salts are equilibrium remedies; they are used to balance excess and deficiency. They are used to rebuild the organs and tissues. We take a deep dive into the history, what they are, how to use them for chronic and acute care.

You will learn the dosages for all ages groups and remedies for some of the most common issues such as hiccups or baby “reflux” issues and so much more.

This module is packed full of resource materials to print and we even connect Astrology signs with Cell Salt deficiencies...hmmm this you will enjoy:)

Color Lamp Therapy (2 credit hours)

What you will learn:

- Color is a form of energy, wave lengths, frequency and balance
- What colors benefit what body systems, organs or tissues
- What color combinations work the best for functional imbalances
- Just how does Color therapy work and WHY to use it

Herbology 1 (5 credit hours)

What will you learn:

- History of herbs as botanical medicine
- Remedy approaches by body systems
- Physiological herbal actions
- Classification of medicinal plants
- Relate types of herbs to the system they most affect
- Nutritional Herbology- using Kitchen spices

Herbology 2 (5 credit hours)

What will you learn:

- Clinical uses -How Herbology fits within your practice
- Join our video based Herb walk where we show you in the wild what herbs are growing around us
- How to use the different applications of herbs and WHY some are better than others
- Create herbal blends and products, from ointments to fomentations with our hands on approach as you join us in the kitchen.

- Create and use herbal remedies for women, babies, and children, including natural remedies for common problems such as colic and diaper rash.

Homeopathy (6 credit hours)

Turn up the volume as **Dr. Karen Josephson Board Certified Internist** and Geriatrician takes you through the History of Homeopathy and how she uses Homeopathy in her integrated medical practice.

What will you learn:

- Law of Similar and WHY that matters in Homeopathy
- What are “frequencies” and how they work in the body
- Potencies, dilutions, remedies and how they are made and which ones to use when creating a wellness plan
- Acute Care and Chronic Care application of classical vs clinical homeopathy

Hydrotherapy (Bathology) (3 credit hours)

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MRT/Kinesiology (8 credit hours)

A useful course concerning the art of muscle testing for dietary and nutritional needs.

Content: Muscle testing for optimal wellness, procedures before starting the muscle test assessment, how to muscle test, anatomical testing points, things to know, testing kits and supplements, complementary assessment and therapy tools.

What will you learn:

- The biblical connection with MRT
- 10 life applications for MRT
- Science based theory of MRT / Kinesiology
- 6 kinds of MRT and when to use them
- The history of the Pendulum and Dowsing
- How to use a pendulum and dowsing methods
- Test points on the body and how to integrate into your practice or at home
- 3 techniques to support a person balanced Polarity
- 5 stages of a Nutrient Deficiency and why that matters
- What can interfere with MRT/Kinesiology
- What is the Question to state...not ask.

Music Therapy (3 credit hours)

Music Therapy capitalizes on the way the brain uses music and using non-musical goals integrates an active process of client participation.

Licensed Music Therapist Maura Marksteiner walks you through how she successfully utilizes Music therapy in her practice.

BONUS

- Colloidal Silver PDF
- Zapper Activity

+++++

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The dynamic of a disease in the 6 phase table
The principle of disease evolution

*NOTE- ALL Symptom Solutions modules address the **Etiology, Physiology, Pathology and Psychology** of the group of Symptoms. This offers you an integrative approach to creating wellness plans for yourself or your clients.*

*Our intention for Symptoms & Solutions is to provide you **the “roadmap” and Template** to discover the “underlying” issue(s) versus a Green Medicine approach. Simply put.....train to learn WHY symptoms are presenting and resolve THAT issue versus bags of supplements to cover up the symptoms “naturally”!*

Acne (2 credit hours)

Take a journey with us in to the refrigerator and find common household items to support the topical issues of Acne. We go beyond tomato paste on your face, however, and train you on location, location, location. Plenty of usable documents (scar solution recipes, body acne maps, TCM theories and more) as we integrate the Etiology (causes) and multiple Remedies to solve this inside body systems issue.

AutoImmune (4 credit hours)

There are over 100 types of AutoImmune Disorders and we train you on the TOP Theories of Autoimmune challenges. We discuss the “classifications” of Antibodies and just how they respond in the body to the outside world creating the Inside world issue.

Take a seat on the big comfy couch as we share with you the B cells, Lymphocytes and other actions of the Immune System so you may truly understand HOW TO look for the “underlying” stimuli for ALL AutoImmune disorders. This is definitely a course that covers Etiology, Physiology, Pathology and Psychology of these symptoms we classify as AutoImmune disorders.

Cravings Don't Lie (1 credit hours)

- What will you learn:
- The Emotional components of Cravings and how to help yourself and clients with this issue.
- The Nutrient deficiencies that contribute to cravings in a handy pdf printout as a reference material.
- Chocoholic assessment and WHY does that matter.
- What organ systems are involved in carbs and salts cravings?? And HOW to remedy the issues.

Energy/Fatigue Issues (3 credit hours)

What will you learn:

- How digestion and enzymes create nutritional deficiencies which further impact our energy resources.
- Discover the cellular functions, the mitochondria and intercellular damage and the solutions to support the body in repair.
- Endocrine organs and how they contribute to overall energy. This is beyond thyroid accusations.
- Recognize the emotional attributes and the brain chemicals involvement and the remedies for repair.
- Exhaustive list of tools, techniques and supplements to feed and nourish organs systems and remove underlying causes.

External Influences (3 credit hours)

We are mostly aware of the “external influences” of our life. In this course you take a journey....literally via a “on the go” video to see just what is around us everyday impacting our lives. We discuss the most common household chemicals, environmental pollutants, beauty products, body care.

We wrap up with PEOPLE- yep people. Ultimately, we provide you with the tools to support “change” in your clients via coaching models of removing “people” from their external influence...

PEMF therapy-In this section, we introduce you to PEMF therapy and how it will benefit your client with moving towards positive change. Here are just some benefits of PEMF therapy:

- get deep, rejuvenating sleep
- increase your energy and vitality
- keep your bones strong and healthy
- help your body with healing and regeneration • improve circulation and heart health
- plus many more benefits

Memory/Clarity (3 credit hours)

What will you learn:

- How eating strategies negatively or positively impacts this issue.
- From essential oils, good fats, botanical medicine and more remedies and therapy to support the acute care, chronic care and underlying contributions.
- Questions to determine what part of the brain is being affected during the assessment will help identify areas of concern as well as the developmental stages of life and dis-ease.
- Scientifically brain mapped for coordinated movements as well as understanding detoxification when talking about memory issues
- Chronic elevated stress as well as Infections / Co- Infections and how they physically impact the brain/ memory and clarity

Sleep Issues (3 credit hours)

Join us as we hang out in bed and share with you WHAT to look for in creating protocols for sleep issues.

We train you on How the Circadian Rhythm impacts our sleeping as well as lifestyle contributions. We further discuss the Emotional and Organ aspect of waking up at

certain times of the night, not being able to fall asleep AND the solutions to bring balance and harmony to these issues.

We share with you theories and concepts of the Neurotransmitter Serotonin, Sleep “aid” Melatonin, Thyroid issues and Hormonal imbalances and their sleeping impact.

This module is filled full of remedies, protocols and roadmaps to aid you in enjoying a good nights sleep.

Stress/Anxiety/Depression (3 credit hours)

What will you learn:

- Social Styles Assessment and how to use this for creating results driven protocols
- Emotional connection of the interpretation of our environment and tools to “reframe” these interpretations.
- Organs affected alongside the Neurological response and the solutions beyond take another “pill” idea.

*Our Tools and Techniques are divided into **2 categories - either a “finding the cause tool” or a Therapy technique.** These serve as an introduction into clinical practice as we provide the C.A.R.E road map to integrating the knowledge for practical use now.*

*Each module offers a **Directed research practicum** providing clinical hands on experience. The quantitative reasoning approach from **over 20 different experienced Practitioners** will provide you with the varied data analysis you need for success.*

Body Balancing/Sequencing tools (8 credit hours)

This module is a jam-packed Potpourri of Body balancing techniques and modalities. You will definitely find one that aligns with your belief systems and step away with the knowledge to put it in to action immediately.

Join **Kari Solomon CAHP-BC** as she walks you thru HOW TO multiple methods of balancing and supporting the body. Here is just a snap shot of the wealth of information you will gain:

- Blocked energy can be a major cause of many different imbalances in the body. Simple hands on techniques are an effective and inexpensive way to bring balance.
- Body sequencing with “cables”- Ki method
- Mind body protocol-Mind-body healing techniques are believed to help direct the flow of energy in the body in a way that promotes well-being.

- Trapped emotions- emotional release
- Energy medicine
- Scripts and reframing
- Incoherence or Coherence
- Grounding and centering-How to use coffee beans to ground
- Asthma, heart attack and panic attack support techniques
- Crystals, stones, gems and their balancing impact
- And an Unedited video of “**Laying on of hands” with our founder Angie Ates**

Meditation/ Breathing (4 credit hours)

Breathing is controlling the body. Meditation is controlling the mind.

We not only train you on breath work techniques we also provide you tools used in successful mediation practices. This will ultimately help your clients come to a healthier nervous system - mind-body integration. Why does this matter?? When you support this integration the client achieves their goals!!

Crystal/Gem Therapy (6 credit hours)

We walk you thru as you get to see and “feel’ throughout this module 12 stones and their functions and the symptoms they balance.

What you will learn:

- How to prepare and use your Crystals/Gemstones
- How to Choose a Crystal/Gemstone and ways to clean them
- The effects that Crystals & Gem Therapy has on the organs and body systems
- The 7 steps in balancing a clients’ energy exchange points
- Stones that are known for their grounding ability

Emotional Release (11 credit hours)

What you will learn:

- Master the significance of organ systems and associated emotions
- Reframing, V.A.K.S. and Tapping techniques
- Steps to coach your client to break throughs
- Many techniques with printable HOW TO sheets to add to your tool box

Feng Shui (2 credit hours)

What you will learn:

- How to create a Vision Board and the benefits of such
- What is Feng Shui and Bagua and how is using the theories beneficial for our home or office.
- What the different directions in Feng Shui signify and how they work
- What colors have to do with the energy flow

Flower remedies (8 credit hours)

Where is **Cheryl Brown**? You will find her amongst the plants and the snow. You will be amused but find great value as she shows you how to create your own Flower Remedy.

Additionally, she trains you on how to utilize different flowers remedies for self care as well as to be included in your wellness plans for others.

What will you learn:

- How to classify the 7 emotional groups alongside their support remedy when creating a wellness plan.
- Clinical use questionnaire to involve the client in their first step of emotional healing
- At a glance body mapping with flower remedies
- Symptoms and their remedy solutions...teeth grinding...lower back pain and more

Reflexology (8 credit hours)

Take off your shoes and sit back as **Emmanuelle Ruen-Hayes certified reflexologist from France** empowers you with a technique that can be utilized on a daily basis. She goes beyond..massaging the feet but rather with purpose and “sequencing” she trains you on the effective way to use Reflexology.

Reflexology is locating “points” on the foot, ear, hand and when tied with Accupressure other locations on the body, and then applying pressure on these points. By doing this the pressure dissolves the toxin “deposits” and creates an electric impulse that reaches the brain. The brain responds by physiological reactions throughout the body and that restores balance.

What will you learn:

- 6 different hand techniques, sequence and patterns
- What points need stimulation to fix functional disorders. Functional disorders of the body are reflected on the foot/hand’s reflex zone.
- Hand map, ear map, foot map and PTSD technique
- 10 zones map of the body, feet and hands
- How to set up for a reflexology session.
- Using flower remedies and essential oils for therapy

Sound Therapy (2 credit hours)

The history of SOUND therapy is 1000’s of years old and you will find its uses in religious ceremonies around the globe, among other applications.

World Renowned David Kennet trains you on the processes and how sounds impact our very organ systems. He further offers you, your very own “sound therapy” session via online video. Turn up the volume and embrace how this therapy will assist your clients in releasing emotional patterns.

BONUS

- Organ Meanings