

## **Detoxification Techniques Consultant (Dtx Tech)**

131 Credit Hours **\$997.00** = \$8.00/credit hour

Online quiz and certificate emailed upon completion with quiz

Completion estimate - 3-9 months

Payment Plan- **3 payments- \$375.00 per payment per month= 3 months**

### *Foundation :*

**A & P (10 credit hours)** Recognize, understand and use terms associated with the organization of the body, positional and directional vocabulary, planes of the body, and related anatomy and physiology. Further recognize the interrelationship of body systems and their homeostasis requirements. The Human Biological Systems are a foundational "must know" to obtain successful results.

The second section trains on the Symptoms of Visceral dis-ease. **Visceral:** Referring to the **viscera**, the internal organs of the body, specifically those within the chest (as the heart or lungs) or abdomen (as the liver, pancreas or intestines). In a figurative sense, something "**visceral**" is felt "deep down." It is a "gut feeling."

### **Nutrition (40 credit hours)**

This is a power packed course trained by **Ashley Uchtman an Institute of Integrative Nutrition graduate** and our Founder Angie Ates. You will discern the nutrients and HOW they fuel the body. By pulling this knowledge all together you will be able to create Bio- Individual programs for yourself and others.

Just a snapshot of what is covered in this over 7 hours of video training:

(and over 170 pages of support documents)

**Amino Acids** -Amino acids are the building blocks of proteins. There are 20 kinds of amino acids; these have been found to have various biological and chemical functions. •  
Origins of Amino Acid Fermentation:Amino-Acid-Producing Bacteria Screening and Strain Breeding

- What is the Amino Acid Fermentation Process?
- Safety of Amino Acids
- Functions and Uses of Amino Acids
  - **Over 30 eating strategies** - This information will be the cornerstone of your nutritional plans as you guide yourself and others to optimal wellness.

- **Delivery Systems of Nutrients** - What different “delivery” options pose as beneficial or not so much. These section on liposomal, sucrosomal and more delivery systems will aid you in finding the “right” supplement for yourself and others.
- **Chemist of Man- Body & Chemical Nutrients-** the fundamental understanding of the interaction of micro and macro nutrients in an isolated or companion delivery method.
- **Collagen Peptide Therapy-** Collagen peptides are highly bioavailable. They act as building blocks, renewing bodily tissues, such as skin, bones and joints. Discover the proper application and when therapeutic amounts are beneficial.
- **Water Quality-** Water quality refers to the chemical, physical, biological, and radiological characteristics of water. Learn what waters are really “wet” and which ones are “toxic” to the body.
- **Air Quality-** Discover the 6 levels of air quality and what you can do to protect yourself and others.

### **Pillars of Health (1 credit hour)**

6 levels of Health

Your current level of health is a perfect reflection of how your body, mind and spirit is responding to the environment and lifestyle you have created for yourself. Determine how these levels can be adjusted and transformed to support the well being of everyone.

### **Pharmacology (3 credit hours)**

Our **Family Nurse Practitioner Debbie Evans** brings her clinical integrative experience to train on drug categories. She shares the use of prescriptions and impact on the body systems and the Nutrient deficiencies that may occur with their use.

### **Pathology (3 credit hours)**

This module is about Top disease names discussed from an integrated medical model. **Debbie Evans - FNP-BC** teaches the disease conditions and processes alongside conventional etiology theories.

### **Introduction to Homotoxicology (3 credit hours)**

Homotoxicology, developed by the German doctor Hans-Heinrich Reckeweg, is the scientific concept behind anti-homotoxic medicine. Understanding this concept will aid you in creating a Bio-Individual program for your client and yourself.

What you will learn:

The basic principles of Homotoxicology

The origin and history of the 6 phase table The dynamic of a disease in the 6 phase table The principle of disease evolution

*NOTE- ALL Symptom Solutions modules address the **Etiology, Physiology, Pathology and Psychology** of the group of Symptoms. This offers you an integrative approach to creating wellness plans for yourself or your clients.*

*Our intention for Symptoms & Solutions is to provide you **the “roadmap” and Template** to discover the “underlying” issue(s) versus a Green Medicine approach. Simply put.....train to learn **WHY** symptoms are presenting and resolve **THAT** issue versus bags of supplements to cover up the symptoms “naturally”!*

### **Bad Breath (3 credit hours)**

Join us with our Professional Dental Hygienist- Barb Stackhouse, as we hang out in Nashville, TN training you on WHAT questions to ask and discover:

- The Underlying issues of common bad breath.....think the “tube”. Just say NO to morning breath!
- Tooth Meridians and how they create a roadmap to finding the source of imbalances.
- How do you complete a “tooth massage”...ahhh my friend take a look and enjoy.
- Implications related to Mouth breathing, prescriptions, and more.

### **Candida/Parasites/Probiotics (5 credit hours)**

What will you learn:

- 5 R’s Strategy for a successful Candida cleanse protocol
- Candida Yeast Questionnaire and Eating Strategies
- 10 signs of a Parasite Issue
- Early and late stage herbs to rid the body of intestinal parasites
- Full moon and new moon timing implications

- Probiotics and pre biotic special uses such as the Proven Studies of using
- *S. Boulardii* for intestinal inflammation instead of steroid use.

### **Dental Issues (5 credit hours)**

Join us as Dental Hygienist Barb Stackhouse takes us in to Bite Dentistry in Nashville, TN (the dentist to the TITANS football team). We get an office tour of just HOW the inside working of a dentist office works and WHY it matters that you know this.

We train you on Nanobacteria and its contribution to tooth/gum issues. We train you on tooth remineralization, root canals, proper bites and the use of Oil Pulling in a therapy. This is a very comprehensive course defining tooth paste needs, oral health and overall dental/ tooth impact on the dis-ease progression in the body.

### **Edema (2 credit hours)**

Join our Nurse Practitioner Debbie Evans, as she explains clinically how you determine what is the underlying cause of edema. We further discuss how hormones, lymphatic and the circulation system can be a contributor.

Determine the the remedies to support the edema from multiple aspects and theories. How to discover if DVT can be an issue and when to refer out after following the “ask these questions and observe the client” roadmap.

### **External Influences (3 credit hours)**

We are mostly aware of the “external influences” of our life. In this course you take a journey....literally via a “on the go” video to see just what is around us everyday impacting our lives. We discuss the most common household chemicals, environmental pollutants, beauty products, body care.

We wrap up with PEOPLE- yep people. Ultimately, we provide you with the tools to support “change” in your clients via coaching models of removing “people” from their external influence...

*PEMF therapy*-In this section, we introduce you to PEMF therapy and how it will benefit your client with moving towards positive change. Here are just some benefits of PEMF therapy:

- get deep, rejuvenating sleep
- increase your energy and vitality
- keep your bones strong and healthy
- help your body with healing and regeneration • improve circulation and heart health
- plus many more benefits

### **Headaches (3 credit hours)**

Accompany Dr Lisa and our founder Angie as they unravel the band around Angie’s head and find humor in the “ take this for that headache “ drama of green medicine. We remove the “nail”

and train you to discover the underlying causes of headaches. After all, it is all about LOCATION, LOCATION, LOCATION.

We integrate Allopathic and Traditional Chinese Medicine and provide multiple remedies and therapies to remove the cause and support the body in balancing.

We promise you will not only enjoy the presentation of this course but you will also glean much from

- location meanings,
- various remedies from different medical theories and
- organ systems that create the cascade of symptoms that finally get your attention via a headache- hmm did someone say Serotonin deficiencies and depression is connected to a headache?

### **Seizures (2 credit hours)**

What you will learn:

- Body Balancing techniques to support someone with seizures
- What questions to ask to determine the underlying issues
- Electrical patterns, Hormone imbalance, Heavy metals and remedies that support the correction of the imbalances and toxins.
- Nutrition and Emotional components that contribute to Seizure activity.
- And so much more!

*Our Tools and Techniques are divided into 2 categories - either a “finding the cause tool” or a Therapy technique. These serve as an introduction into clinical practice as we provide the C.A.R.E road map to integrating the knowledge for practical use now.*

*Each module offers a Directed research practicum providing clinical hands on experience. The quantitative reasoning approach from over 20 different experienced Practitioners will provide you with the varied data analysis you need for success.*

### **Body Balancing/Sequencing tools (8 credit hours)**

This module is a jam-packed Potpourri of Body balancing techniques and modalities. You will definitely find one that aligns with your belief systems and step away with the knowledge to put it in to action immediately.

Join **Kari Solomon CAHP-BC** as she walks you thru HOW TO multiple methods of balancing and supporting the body. Here is just a snap shot of the wealth of information you will gain:

- Blocked energy can be a major cause of many different imbalances in the body. Simple hands on techniques are an effective and inexpensive way to bring balance.
- Body sequencing with “cables”- Ki method
- Mind body protocol-Mind-body healing techniques are believed to help direct the flow of energy in the body in a way that promotes well-being.
- Trapped emotions- emotional release
- Energy medicine
- Scripts and reframing
- Incoherence or Coherence
- Grounding and centering-How to use coffee beans to ground
- Asthma, heart attack and panic attack support techniques
- Crystals, stones, gems and their balancing impact
- And an Unedited video of “**Laying on of hands**” with our founder **Angie Ates**

### **Chelation Therapy (2 credit hours)**

#### What you will learn:

- Foods that help remove Heavy metals
- Sources of heavy metals / toxins
- Mineral mimicry
- Ways to analyze a heavy metal overload
- Importance of keeping the “BULLS” open and running
- Cautions to using chelation and how it works
- Reasons/symptoms that you may need chelation
- What supplements/foods can be used to Support chelation

### **Color Lamp Therapy (2 credit hours)**

#### What you will learn:

- Color is a form of energy, wave lengths, frequency and balance

- What colors benefit what body systems, organs or tissues
- What color combinations work the best for functional imbalances
- Just how does Color therapy work and WHY to use it

### **Hydrotherapy (Bathology) (3 credit hours)**

Grab a cup of tea and join us as we take a relaxing bath..while training on:

- Scientific evidence based abstract based on the Effects of hydrotherapy on various systems of the body.
- Homemade Oxygen bath recipes for you to create your own spa treatments
- Therapies using compresses and fomentations and kitchen spices
- Herbal baths and their therapeutic uses for multiple imbalances
- How to utilize steam, ice and hot / cold therapy to benefit the client.

### **Detoxification Methods (6 credit hours)**

What will you learn:

- Toxic overload facts and stats
- Etiology and Pathology of toxins and our body
- Immune system response
- How extracellular matrix impacts a true cleanse
- TH1 and TH2 Lymphocytes and how this impacts your detox
- Phase 1 & 2 detoxification pathways and their implication in MTHFR
- Emotional detoxification and it WILL happen!
- Working with a clearing reactions and why they happen
- Over 15 detox and cleanse methods discussed
- The “R’s” of detoxing and how to implement their use
- Support remedies using color therapy, herbs, flower remedies, sound therapy and more

### **Hypnotherapy (2 credit hours)**

Connect with our Professionally trained Hypnotherapist as she guides you on not only the benefits Hypnotherapy but clinical experience of how to use it.

What will You learn:

- Emotional aspects that relate to the use of Hypnotherapy
- Understanding how unresolved emotions and physical ailments manifest
- Anxiety, the Subconscious mind and how Hypnotherapy can positively impact these
- What are the different brain wavelengths- Alpha, Beta, Theta- and why does this matter in creating a wellness plan

## Bonus with Betsy:

### **Ear Candling (1 credit hour)**

#### What you learn:

- How does candling work including the “types” of candles that get you the best results.
- When is using this therapy beneficial

### **Sauna Therapy (1 credit hour)**

Studies have shown that benefits of an infrared sauna session can burn upwards of 600 calories while you relax! As the body works to cool itself, there is a substantial increase in heart rate, cardiac output and metabolic rate, causing the body to burn more calories. Learn how to use this excellent therapy effectively.

### **Ion Foot Cleanse (1 credit hour)**

#### What will you learn:

- What are the benefits of using this detoxification therapy
- What the colors that are created represent
- What systems are impacted by using this therapy.
- What one step that most practitioners forget when using an Ion Foot Cleanse

### **Salt Lamps/Caves (1 credit hour)**

Learn the benefits of these therapy tools:

A Himalayan Salt Lamp is made from a chunk of salt crystal rock that was taken from the salt mines found in underground caves in the foothills of the Himalayan Mountains.

Eastern Europe is well aware of the benefits of salt therapy, otherwise known as Spelotherapy or Halotherapy. The salt-infused air inside a crystal salt cave delivers valuable minerals to your nervous system.

### **Oxygen/Ozone Therapy (1 credit hour)**

Oxygen is a vital element to good health and it's our primary source of energy. 90% of our energy comes from oxygen and the other 10% comes from food and water.

Belly up to the Oxygen bar as we choose our “flavor” and discuss this beneficial therapy.

### **BONUS ....**

Dry Brushing instruction sheet

Colon Hydrotherapy pdf

Forgiveness Prayer



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